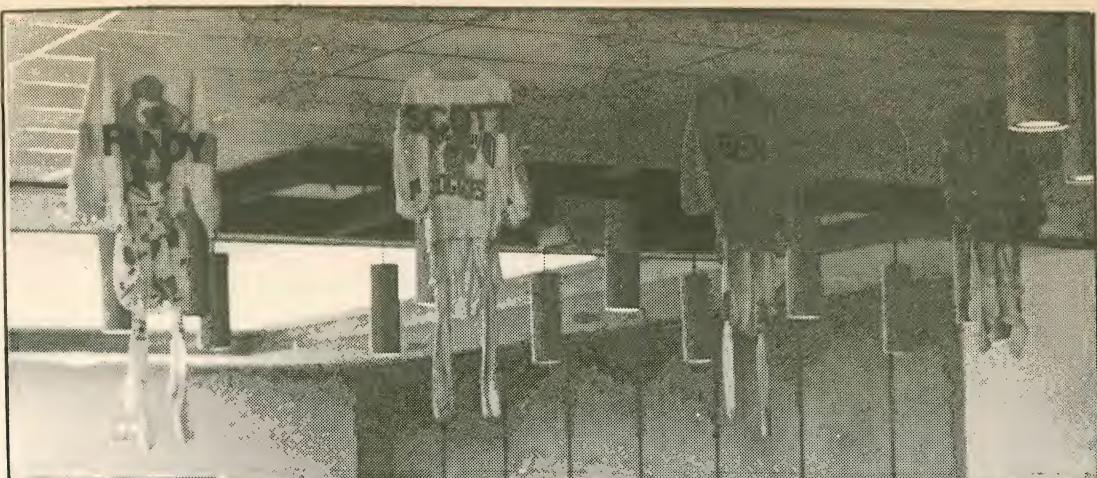


INSIDE:

Insect Epidemic Spring Break Trips Moral Dilemma Garfield



These socks and underwear were spotted hanging in Heacock Commons—Local health officials will be notified

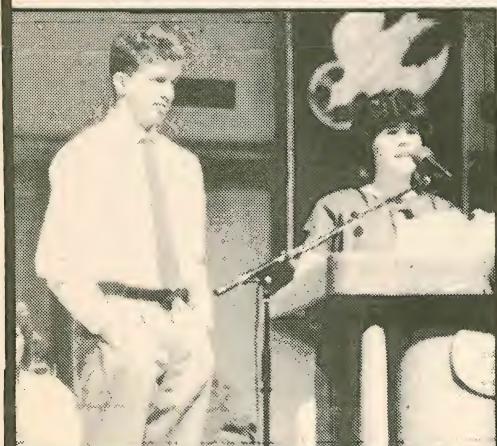
The Crescent

Vol 97, No 12

George Fox College Newberg, OR

March 20, 1987

New Student Government Officials Elected For 1987-1988



New Student body Officers are: President and Vice President-Kristen Diefenbaugh and Steve Benson, Co-Chaplains-David Gilmore and Charles Clarkson, Co-Activities Directors Lisa Damon and Lisa Egger, Campus Affairs-Tami Hill, Supreme Court-Mark Protzman, Secretary-Becky Frantz, Treasurer-Kim Meche, Christian Service Director-Brad Clark, Publicity-Tracy Furman, Communications Director-Carrie Brown, Student Academics-Kristin Price, and Sub Co-Directors-Dave Nolta and Jim Kundert, and Cultural Events-Cheryl Funk

GFC Counseling Center Provides Help for Students

College can be a very stressful experience. Students are under pressure to make good grades, are trying to develop relationships, and are faced with the need to make important decisions about their future.

Students here at GFC have a great advantage over other small Christian colleges because GFC has a counseling program designed expressly to help students.

This is the first year for the counseling center which is located in Lewis 7. Mark McMinn is the director and Valerie Tsohantaris is the counseling coordinator. The center also has two student interns who are working on their masters degrees: Carolyn Doran from Western Evangelical Seminary and Jon Peters from Western Oregon State College.

GFC Dean of Students Deb Lacey estimated that the center serves around 25 students per week. "I feel real good about it", she says "It

takes quite a load off the Student Life Office. There is a real problem with disciplining a student that you are counseling."

"Confidentiality is highly stressed", said Valerie Tsohantaris, counseling coordinator. "If students couldn't trust us we would be no good."

Students either come to the center on their own or are referred to the center by Student Life, profs, friends or their academic advisor. According to Tsohantaris, a good portion of the students who use the center come with stress, depression, and relationship problems.

Students who need counseling can contact the center at extension 309 to set up an appointment. Because the staff at the center is fairly small, students will often reach an answering machine. "Students often just hang up when they reach the machine", Tsohantaris said. She said that the machine is

used so that counselors do not have to interrupt a counseling session to answer the telephone.

The center depends a great deal upon private donations and revenues from counseling services to cover the majority of the cost of its operations. The positions of director and coordinator of the center are part time positions and are supported by the college. A fee of 3 dollars per session is charged students. The center is located in the Lewis apartment complex. Furnishings for the office and counseling rooms were purchased second hand or were donated.

"Just walking through the door is a big step forward for many people", said Tsohantaris. "Admitting you have a problem is a major step towards recovery." The center monitors the student's progress through administering tests and observing the change in the individual's life.

ASCGFC Presents Lip Sync Contest

by Robert Delker

Do you feel that life is bearing down heavily upon your shoulders? Do you feel depressed all the time? Did your sweetheart drop you, and you just cannot seem to recover?

The ASCGFC of George Fox College presents its ever popular Lip Sync Contest on Wednesday night, April 1st, in Heacock Commons. More than ten acts have already signed up for the contest. Prizes of \$75, \$50, \$25, and \$10 will be given to the four winners.

Matt Strieby, co-coordinator of this event, who is also doing a song, says that the songs will be judged on the basis of creativity and technical excellence. "Does it look believable?", is the question Matt asks. Five judges will take part with

most likely three faculty members and two students. Acts should also stay within reason regarding obscenity and immorality. "Lip syncs are great because they are easy to do and they are a good chance to serve refreshments," says Matt. Also coordinating the contest is Lisa Egger.

Lip sync acts will be limited to one song only, and the faculty and staff are also welcome to get involved with the action. Darin Sturdevant will be the emcee for the occasion.

Other important up-coming events include the all-campus swimming night at Chahalem Pool on April 4. The activities department has rented 2 1/2 hours of pool time for GFC students. Also coming up is the Spring Formal at Inn at the Spanish Head in Lincoln City at 7:30 on April 11. A bonfire on the beach will follow an evening of formal dining.

Concert Band Begins Tour Through Three States

The George Fox College Concert Band will perform in three states on a week-long tour starting Saturday, March 21.

The band will have performances in Portland, Newberg and Burns Oregon, Boise, Greenleaf and Hayden Lake, Idaho.

Directed by Dennis Hagen, in his 23rd year on the GFC faculty, the band will conclude its tour with a Sunday, March 29th home concert in Newberg. The program will start at 6 p.m. at Newberg Friends Church.

Hagen joined the George Fox faculty in 1964,

becoming chairman of the Division of Fine and Applied Arts the following year, serving until 1984. He holds a doctoral degree in music from Indiana University.

Hagen is the originator of the Champoeg Historical Pageant, with annual performances during the

summers at Champoeg State Park near Newberg. He also is helping develop two other pageants.

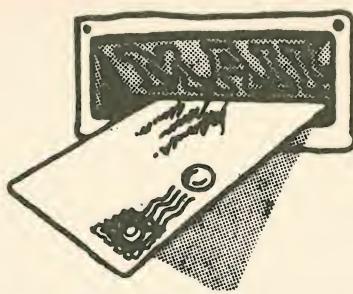
The Concert Band represents the Division of Fine Arts, which includes majors in music and music education. Other performing ensembles include the GFC

-Notice-

The campus bookstore and Shambaugh Library will be closed Monday. The library will be open the rest of the week 8 a.m. to 5 p.m. and the bookstore will be open 8:30 a.m. to 4:30 p.m.

Editorial/Opinion

March 20, 1987



All opinions in this section, including editorials, are the opinions of the individual writers and not necessarily the opinions of the staff of The Crescent, the Associated Student Community, or the Administration of George Fox College. All articles of opinion must be published with the author's name.

A Moral Dilemma

As your editor I feel that the time has come for some important social issues to be addressed in this newspaper. This issue I choose to address a serious dilemma on our nation's conscience.

Only the best-tasting tuna get's to be starkissed! Let me ask you a question. If you were a tuna how would you feel about this advertising slogan?

This statement has had a very sad effect on the adolescent segment of the tuna population. In fact some experts say that it may be a reason for the decrease in the tuna population over the last several years. This slogan is so dangerous for several reasons.

1. It uses peer pressure to get tuna to compete with their friends in a suicidal quest for acceptance by another species.

2. It focuses their attention on physical attributes as opposed to spiritual and moral qualities.

3. This statement causes mental trauma among young tuna because there is no way to judge your food quality without eating your self.

4. The slogan causes tuna to actually try to be eaten which disrupts the traditional order in which people tried to

catch tuna and tuna tried not to be caught.

5. Besides disrupting tradition, it also results in a decline in the tuna population for obvious reasons.

To any rational human being with any hint of a conscience this advertising slogan must spark immediate moral revulsion. Picture for one moment schools of young tuna swimming peacefully along, and then a hook is spotted. Instead of rushing away from the danger, they fight each other to be the one to be caught, to be the one to be salted, drowned in animal fat and squeezed into a can of Starkissed tuna.

Put that same scene into the context of a modern class room. The children are sitting peacefully listening to a lecture on Milton's "Paradise Lost". Suddenly a fishfood truck careens around the corner. Children rush out into the street and throw themselves under the wheels of the speeding semi so that they can be fed to fat goldfish. "Immoral!" "Disgusting!" Yes, that is your response. And do you know how that advertising slogan was transmitted to the green depths of the sea? Through rock and roll music.

To the Editor,

As the days have passed since the decision to cut back the music department through the dismissal of Joe Gilmore, my thoughts and feelings have gone through many fluctuations. Anger at the accusations being flung at Dr. Bowman and Chorale; sadness at the plight of Joe and his family; bewilderment as to what direction the choral department will take next year; but above all, disappointment at the attitudes of the students on this campus.

Yes, I concede that I am a member of Chorale and therefore not directly affected by this decision, but I am also a member of this community, a supposedly Christian one. The atmosphere of rivalry and almost hatred between the two choirs is very detrimental to their ministry. And yes, I

believe that Chorale is just as much a ministry as New Vision -- in a different way and in those "tuxedos and gowns."

The Biblical principle is to love, support, and encourage one another. What has happened to polarize these choirs unequivocally? Why must we "take sides"? Maybe I'm too idealistic . . . I don't know. At my "secular" high school we had both a Concert Choir (Chorale-type music) and a Jazz Choir (more contemporary like New Vision), yet each existed together peacefully. We as Christians can and should learn from this secular model--anyone else would probably think it should be the other way around based on what we Christians profess to believe and live out.

I think it's time for all the

bitterness and hatred to cease. While we do need to support Joe through this difficult time, we must also look to the future. Fostering such anger will not only have a negative influence on the music department, but on the whole community as well. We need unity of the Spirit through the bond of peace." Ephesians 4:2-3

Are we each trying to uphold Christian unity? Or are we upholding the destructive element of division? I think we all need to focus on this part of the issue rather than trying to fix the blame upon any person or group. We must try to achieve that unity through peace which has been set forth as an example to us.

Lisa Damon

The slogan was recorded backward into the songs of a popular fish rocker. Fish children bought those albums and listened to them at high volumes for hours. Their subconscious minds picked up the backward messages, and they rushed out to throw their tender young bodies into the waiting nets of fishermen.

You say that would never happen among human children? Think again! Headlines in the papers speak to the contrary. Several years ago a girl in California went onto the roof of her grade school with a high powered rifle and opened fire on a crowded playground. When asked by authorities why she committed this atrocity, she

replied, "I don't like Mondays". "I don't like Mondays" is the title of a song about a girl who kills her classmates for the same reason. The song was written by the Boomtown Rats. Their lead singer, Bob Geldof, was one of the promoters of Aid for Africa. (So what if the song was written after the occurrence, that just goes to prove the evil power of rock and roll).

your editor with a social conscience,
David Lehman

Fatigue

by Lisa McMinn R.N. and Carolyn Staples R.N.

Fatigue is like a common cold--it comes in several varieties with corresponding remedies. Strenuous exercise or an infection, anemia, and certain other illnesses result in physiological fatigue. Chronic fatigue is that overwhelming sense of weariness in the absence of a physical cause.

For the past month, many students have been experiencing physiological fatigue caused by the cold and flu viruses that have been plaguing our campus. Sometimes antibiotics can help if a secondary bacterial infection has developed such as sinus infection, strep throat, bronchitis. Remember antibiotics are ineffective against viruses, so taking them is a waste of money and may make your body more resistant to them when you really need them to fight bacterial infections. Extra rest and fluids are needed to recover from viral infections. This is hard for some who are trying to attend classes. The trick is saving your energy for your academic pursuits and not expending them on your social pursuits, leaving you too exhausted to attend class.

After you have checked with your physician to rule out physical fatigue, then it is helpful to consider the possible reasons for chronic fatigue. Sometimes this fatigue is psychological. Boredom with daily routines is often a cause of chronic fatigue. We say "I'm tired," and often mean "I'm tired of what I'm doing, of my way of life." In our boredom we feel weary from the moment we get up until we go to bed.

Sometimes excessive demands on the nervous system create nervous exhaustion. This abnormal fatigue is usually a result of the inability to cope with emotional difficulties over a long period of time. When combined with insomnia (often the case), we become mentally and physically exhausted.

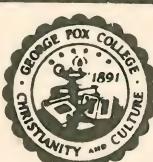
Another common cause of fatigue (though never for college students) is poor living habits. Improper diet, a life too full of activity, lack of sleep, insufficient fresh air and exercise all contribute to a chronic state of fatigue.

Fatigue doesn't always mean more rest is needed. Excessive rest can perpetuate fatigue not caused by illness or lack of sleep. Evaluate the source of the fatigue and make adjustments accordingly. As always, Carolyn Staples R.N. at your WRC in Pennington Hall, Ext. 332 is available to answer questions and route you to appropriate services if necessary.

GARFIELD® by Jim Davis



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Frickbug Epidemic at GFC

by Darin Sturdevant

"I don't think people know what is going on over here," said Sophomore David Unis in an interview last week. "It's life or death, these bugs are playing for keeps."

"Sutton Hall has been taken over by bugs," was the declaration from an anonymous phone caller which started an investigation into what is being deemed, "the 'frick bug' incident."

"Frick bugs," a name that Sophomore Tim Hyatt placed on the small insects, seem to be in record proportion on Sutton II and III.

Hyatt named the bugs after a floor mascot, "Frick-Bear" which is ritually thrown against the wall in a bid for entertainment.

It seems that while everyone is distraught over the small creatures, no one really knows what to call them, therefore Hyatt issued the name, "frick bugs," which is well known to people who have come in contact with the creatures.

"George Myers calls the bugs 'wood-beetles,'" said Dave Unis, a history ed. major. "Course, what does he know?"

Life has grown increasingly difficult for the residents that have dealt with the "frick bugs" on Sutton II and III. Despite the recent Michael Graves chapel which dealt with the issue of, "not everything bad being a punishment from God," Unis holds to his claim that one person is the cause.

"It might be a curse," he said. "Someone might be doing something wrong on one of those two floors, and we are all paying for it."

Unis raised speculation as to the various ways students have been affected by the insects. The "frick bugs" have interrupted many of the residents' study habits, sleeping habits, and have even resulted in one student being reported as missing.

"A number of the residents on Sutton II had to evacuate their rooms for a couple of weeks," said Wes Thomas, one of the leading "frick bug" killers. "These stupid little bugs have made life so miserable, they've interrupted our worship!"

In reference to the missing student, Unis said, "No one knows what happened to ol' Marlin [Teeters]. I believe he tried to take them all on one night. He was a big man, but not big enough for the job. We've still got him listed as missing in action."

Jennifer Gray, who attended the "Hob party", told of the most grizzly details to date involving the "frick bugs."

"Each time I reached to dip my chip, I saw more and more 'frick bugs' crawling over all the dips, all the chips, and even the doughnuts," Gray said.

The "frick bugs" have caused tension in many ways such as when Dave Unis and Wes Thomas got into an argument over who had killed more "frick bugs." "Look at what they are doing to us," Thomas exclaimed. "Even the ones we've killed have worn on our relationship."

Unis agreed that they must work as a team to overcome the problem at hand. Therefore the two have conceded to the title of "co-frick bug killers".

Thomas added, "I used to be a pacifist... this whole situation has driven me to be a mad killer." The men of Sutton II and III are preparing to ask the college to temporarily lift their policy on pacifism, "just until this thing passes," Unis said.

Tim Hyatt showed little concern for the title of "co-frick bug killer", looking at the situation much more pessimistically. "I don't care how many you kill, they're back and they're back to stay," Hyatt said.

It seems that everyone has

their own idea on how to handle the "frick bugs" and alleviate the problem in Sutton Hall.

George Myers reportedly met with Paul Mitts who stated that the Physical Plant does not have the manpower to handle the situation.

"If work-study personnel don't have enough to do that they have to go over and trim [President] Ed Stevens bushes, maybe they could spend more time on the 'frick bug' problem," said Senior Stephanie Peters.

Myers is planning on meeting with GFC Treasurer Don Millage to investigate possibilities of bringing in outside help to spray the bugs.

"Co-frick bug killer" Dave Unis was not satisfied with the statement issued by Myers. "George is afraid of them (frick bugs) and the Physical Plant... well, they're the biggest chickens on campus," Unis added. "Because they don't want to get involved, it's all on the shoulders of the students who are the real heroes because we have to live with these pestilents."

Myers offered his personal belief that the "frick bugs" will all die off as soon as we get two weeks of constant, warm weather. Unis refuted the statement by adding, "I hope we are all still alive by then."

Wes Thomas complained that Sutton III was unjustly receiving more than their fair share of "frick bugs" since heat rises and the bugs seek warmth. Next year's R.A. of Sutton III, David Kinsella, offered hope for next year's residents. "I will demand they fumigate the floor during the summer, before we move in," he said.

"I think all the men of Sutton II and III should be put in the 'commuter lounge', the well established idea by Dean Deb Lacey that is so effectively used," stated Stephanie Peters, of Spokane,

who better to send down in an attempt of keeping peace and order than President Ed Stevens.

Stevens will be attending a Christian College Consortium meeting. The President hesitated in describing the trip as all business.

"I would guess I may take a few dips in the pool," Stevens said with a big smile.

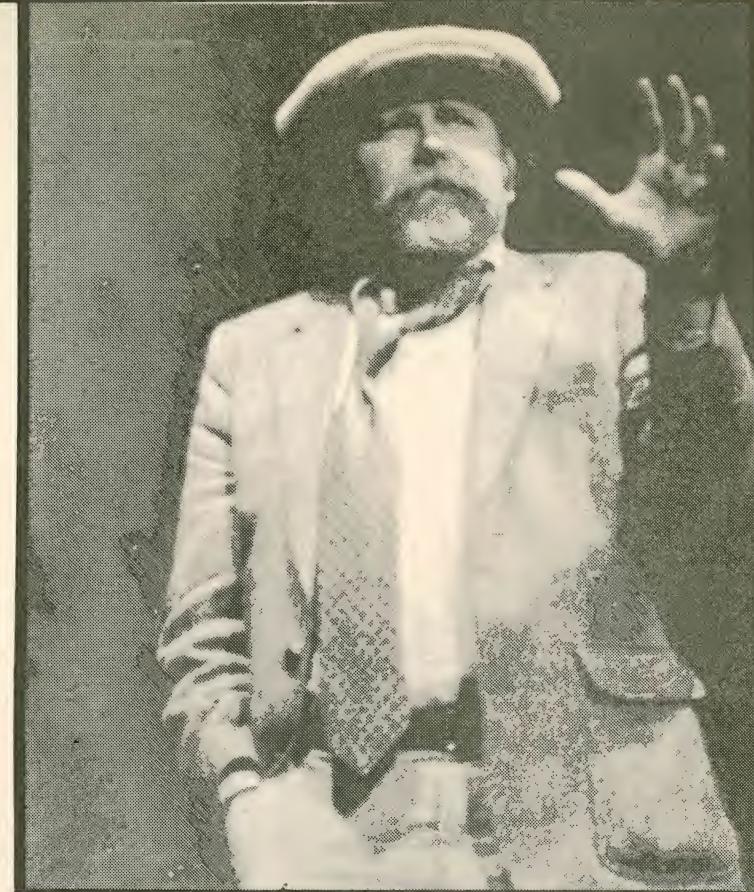
Spring Break '87 offers all business and no pleasure to Senior Tim Dillon who will be "checking" groceries along with his dog Ollie at the Coburg Market, located in Coburg, Oregon.

Dillon said, "I can't believe it, this is my final Spring Break, the big one, the last hurrah... and I'm gonna be spending it at a grocery store with a dog."

Classes will resume on Monday, March 30th as students prepare for the homestretch into finals week.

Acting as an ambassador of George Fox College, Lit professor Mike Williams will be representing the school at a conference on International Studies in Chicago, Illinois. When asked if the trip would be business or pleasure Williams replied, "There is no pleasure involved...business, all business."

As a large portion of George Fox students spend the week in Southern California,



Michael Graves gives stunning performance in "Silhouettes"

Washington. "This would allow for fumigating the floor this spring and would cut down on the horribly loud noise caused by guys killing 'frick bugs'."

Another factor that has to be taken into consideration is the thought that the "frick bugs" might be spreading to other areas on the campus. Many of the work-study students assigned to switchboard talk of evenings spent killing countless "frick bugs" in Wood-Mar Hall.

Another sighting of the "frick bugs" in Wood-Mar came from the cast of the play "The Miracle Worker." Evidently Doreen Dodgen, who played Helen Keller, nearly ate a "frick bug" that had crawled into the eggs to be eaten on stage.

In regard to the "frick bugs" spreading from building to building, Dave Unis called attention back to

the college administration.

"They don't know how to deal with the problem so they avoid it," Unis said. "There's not much time left... until they [administration] are swallowed up."

In what Wes Thomas and Dave Unis termed, "picking up the slack," the two "co-frick bug killers" have taken on a personal vendetta against the insects.

"Just like Christ drove the money changers out of the temple... so we must drive these "frick bugs" not only out of Sutton, but off the entire GFC campus," Unis said in closing.

The two "co-frick bug killers" (Thomas and Unis) would appreciate any information regarding other sightings of "frick bugs". Thomas said, "We need everyone's help. The only way we can win is through teamwork."

Financial Aid Hints

If you are concerned about having to sell the family homestead to pay for college expenses, stop shaking and read on. There are billions of dollars, yes billions available in financial aid for prospective and enrolled college students. All you need to know is where to look.

The list of available funds goes on and on. It includes \$5000 awarded in national competition by General Motors to 11-20 year old males for auto body designs and models. Or \$5000 from Betty Crocker to its "All American Homemaker of Tomorrow" Award Winner.

How do you find out what's available in financial assistance for YOU? Easy, you research. There are books in most libraries and book stores listing as many as 2000 sources of college financial aid. Your academic advisor is another excellent source of information is your local banker.

Because of the tremendous growth in the number and value of such student financial aid sources, as well as in the complexity of seeking out those which relate to your particular needs and

Students Plan Spring Break Trips

by Darin Sturdevant

As Spring Break draws nearer, students and faculty alike are making preparations for the week away from classes.

In an effort to offer better insight for students, regarding their classmates activities, the Crescent polled students and faculty at random to get the inside story of "Spring Break '87."

Of the different people interviewed, the results showed 88% of the community at GFC dedicating their week to business, rather than pleasure.

Said one student who was not interviewed but offered his comment in passing, "Spring Break is just a week that I can try to get caught up on everything I have put off."

In order to help students who have waited right down to the wire to complete term papers, Shambaugh Library will be staying open through

out the week, with an exception of Monday, March 23.

Librarian, Mrs. Laurel Strieby, was one of the few that planned on both business and pleasure on her vacation.

"I will be here [Shambaugh Library] part of the time, helping students find research material," said Strieby. "The other part of the time I'm going to Ashland to celebrate my father's 80th birthday."

Acting as an ambassador of George Fox College, Lit professor Mike Williams will be representing the school at a conference on International Studies in Chicago, Illinois. When asked if the trip would be business or pleasure Williams replied, "There is no pleasure involved...business, all business."

As a large portion of George Fox students spend the week in Southern California,

circumstances, several computer assisted research firms have emerged to help in the search effort. These professionals search out and store in their computers all relevant data on funding sources. Then, based upon biographical data supplied by the student, they run a computer match against all stored entries.

National Scholarship Search is one such firm. It has access to a data base containing over 15,000 financial aid sources valued at over \$4 billion dollars. The firm guarantees to find at least five, and as many as twenty five, possible sources of financial aid, based upon biographical data supplied by the student. If they fail to locate at least five sources they refund the nominal processing fee, which is claimed to be less than one half of what some other search firms charge. They serve college-bound high school students as well as college freshmen and sophmores. Their mailing address is: 6645 Cam. Scioto, San Diego, CA 92037, (619) 459-5525 Ext. 912.



Curtis Kimbrough "slam dunks" for GFC

Baseball Bruins

by Lance Horton

With having played just one game in the past week because of rain, the George Fox baseball team has had plenty of time to practice for the games scheduled for this week.

The game they did play was last Tuesday (March. 10) against Lewis & Clark in Portland. the game, which ended in a 2-2 standoff, was called in the ninth inning because of darkness.

After Lewis & Clark moved to a 2-0 lead by scoring one run in the second and another in the third, the Bruin pitching silenced Lewis & Clark for the rest of the game. The Bruins went to work in the eighth inning. The lead-off walk by freshman Kyle Findley was followed by a single up the

middle by Carlos Ortiz. Then with men on first and second, Jose Arias ripped a double into the gap between left and center, scoring both Findley and Ortiz.

The Bruins again threatened in the ninth with runners in scoring position, only to have the game called on account of darkness.

Working the first the first 6 2/3 innings and allowing two runs was sophomore Lance Mitchell. When things began to heat up in the six inning, Bruin coach Paul Barry put in freshman ace Kevin Lucke. with two out and runners in scoring position, Lucke caused Lewis & Clark's leading batter to fly out to right field.

The Bruins record stand at 2-0-1 in district play and 2-2-1 in overall playing.

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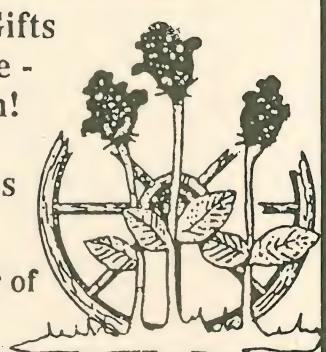
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Basketball Bruins End Season

by Darin Sturdevant

"Overall, we had a great season," said Coach Mark Vernon in summary of his Bruins basketball team.

The Bruins closed their season March 12, in Chattanooga, Tennessee, where they were defeated in the first round of the National Christian College Athletic Association playoffs.

The defeat came as a surprise since the Bruins were ranked number one going into the tournament. It was Covenant College who snatched away the dream of a national championship. Covenant College is located in Chattanooga, therefore the homecourt advantage was against the Bruins who spent the prior day traveling to Tennessee.

"I thought we were good enough to win the tournament," Vernon said. "However, the long day of travel before the game took it out of us."

The Bruins ended their season with a record of 27-6. Coach Vernon commented, "That's a record the players can be proud of."

With the close of the 1986-87 season also comes the end of four Bruins careers at GFC. Kenny Stone, Curtis Kimbrough, Mike Redmond, and Toby Long played under George Fox blue and gold for the last time March 12 in Chattanooga. Of the four departing seniors, Vernon commented, "Those four will never be replaced."

The Bruins 1986-87 season produced both individual as well as team records. Many different titles were placed on the team that saw national ranking throughout much of the year.

For the third straight year, Senior Kenny Stone was nominated to the National Christian College Athletic Associations All-American heat at 15.2 and Cummins in 15.4. Entered in the same heat they might have lowered their times, Allen said.

"As a team, we had a very good effort," Allen said, "And effort has to be consistent so when the small things are right it all comes together."

The Bruins are in Seattle today for the Husky Track Classic at the University of

Washington. "It's a great opportunity for us to be there and participate in this event," Allen said.

Team. The announcement was made by officials in Chattanooga, Tennessee, where the Bruins closed their season.

Stone's statistics proved his performance as an all-around player, well versed in all aspects of the game.

Stone shot 57 percent from the field and had the best career average in George Fox basketball history. With 87 steals and 121 assists this season, the senior from Winlock, Washington showed himself worthy of the honor bestowed on him.

Coach Mark Vernon, who is no stranger to earning awards and honors, was named NCCAA National Coach of the Year. Vernon received the title in a plaque presentation March 13, in Chattanooga.

At age 33, Vernon is one of the youngest and most winningest coaches of the 50 NCCAA coaches with a record of 107 wins and 51 losses.

With time off, Coach Vernon has already begun planning for next season. Potential players will be visiting the George Fox campus throughout the spring to see how they might fit into Vernon's program.

Mark Vernon and the GFC Bruins take to the court again next November when they open the 1987-88 season at home against Linfield.

Track Star continued....
second and have been throwing ever since."

Fox attended Madison High School in Portland where she participated in cross country and track for four years. In Oregon AAA state track meets, she place 16th, 4th, and 5th in javelin her sophomore, junior, and senior years respectively.

GFC women's track head coach Wendell Otto, a former GFC student, talked Fox into coming to George Fox College while he was coaching at Lewis & Clark. Fox said her high school coach emphasized that GFC was a good Christian college.

"I like George Fox because it is small and personalized and it has a really good education program." Fox added the Bruins track team is different from her high school track team. "At Madison, we had over 100 athletes, but here we have about 30. I am on my own here-I am the only thrower on the women's team."

Fox's outlook for this season is positive. She hopes to better her third place District 2 appearance last year by taking first and then placing in the top six at nationals.

She said she motivates herself and no one stands out particularly as a large inspiration on success. She said, "I do it because I enjoy it-I feel it is a talent God has given me to reach out with."

GFC Track Star

by Karen Haystead

This spring, every afternoon, rain or shine, will find George Fox trackster Denise Fox throwing the javelin time and time again half the length of the soccer field. All of her hard work and training has begun to pay off again as she has qualified for the NAIA nationals for the second straight year.

Fox, a sophomore language arts teaching major from Portland, surpassed the national qualifying mark of 138'9" with a throw of 141'7"

at the Icebreaker meet at Mt. Hood Community College March 7. She will travel to the national meet to be held May 21-23 in Russellville, Arkansas where she place 9th last year, missing finals by a mere six inches.

Fox said she started throwing javelin by chance in the middle of her freshman track season in high school. "I was talking to my coach and a friend who was throwing javelin during a meet. Coach told me to throw since I was out there. I threw and placed

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